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WHY LIVING WITH PULMONARY ARTERIAL HYPERTENSION REQUIRES A HOLISTIC APPROACH: A PATIENT AND CLINICIAN PERSPECTIVE

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Need for increased awareness of PAH symptoms and understanding of diagnostic tests

PAH is a rare, progressive disease. Limited awareness of severity, and fatal if left untreated^{1,2}

Regular risk assessment to guide treatment decisions^{2,4}

Early recognition of symptoms, with timely diagnosis and referral to a PAH specialist³

DIAGNOSIS & REFERRAL

Appropriate diagnostic tools² with consideration for patient diversity⁵

HOLISTIC MDT MANAGEMENT

Clear, accurate, and timely information and education for patients and caregivers

Long-term care by an MDT to provide support with medical, social, mental, and financial issues

A holistic, multidisciplinary approach for comprehensive care is recommended in clinical guidelines²

OUTCOME

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PATIENTS UNDERSTAND THE SERIOUSNESS OF PAH and their active role in managing their condition

PATIENTS HAVE THE SUPPORT, SKILLS, AND TOOLS to help them persist with treatment for optimal outcomes

Early, meaningful, and empathetic communication with comprehensive, tailored education helps patients to prepare for the widespread impact of PAH on their lives and take ownership

Palliative care² should be a part of an integrated approach in the treatment journey