Drugs & Therapy Perspectives

Bulevirtide: Adis Evaluation

Clinical Considerations

- First entry inhibitor approved for chronic hepatitis D
- Self-administered as a daily subcutaneous injection
- Reduces HDV RNA levels and normalizes ALT levels
- Generally well tolerated; increases in bile salt levels are asymptomatic and reversible

Plain Language Summary

Background and rationale

- Chronic hepatitis D is caused by an infection with the hepatitis delta virus (HDV).
 It is a fast-progressing and severe form of viral hepatitis that can lead to liver damage, cirrhosis and liver cell cancer.
- HDV cannot multiply in cells unless the hepatitis B virus is also present.
 Consequently, all patients with hepatitis D also have hepatitis B. Hepatitis D occurs in ≈ 4.5% of patients with hepatitis B.
- Treatment options for chronic hepatitis D are limited (no other approved therapy to date) and generally ineffective.
- Bulevirtide (HEPCLUDEX®), a drug that is self-administered as a daily subcutaneous injection, blocks the entry of HDV into liver cells and limits the ability of HDV to multiply.

Clinical findings

- It is the first drug to be approved for the treatment of chronic hepatitis D in adults with compensated liver disease (the liver is damaged, but can still work).
- By reducing the amount of HDV in the body, bulevirtide improves liver function in these patients.
- Bulevirtide is also generally well tolerated.

Conclusion

Bulevirtide is a new treatment option for patients with chronic hepatitis D who have compensated liver disease.

This plain language summary represents the opinions of the author. For a full list of declarations, including funding and author disclosure statements, please see the full text online. © Springer Nature Switzerland AG 2021