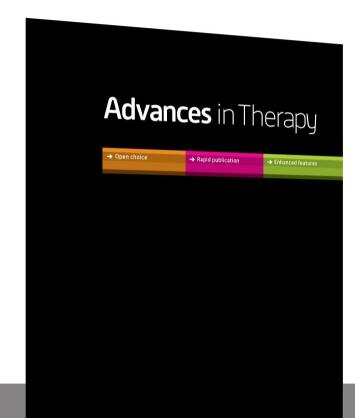
Efficacy and Safety of Intravitreal Aflibercept Treat and-Extend Regimens in Exudative Age-Related Macular Degeneration: 52- and 96-Week Findings from ALTAIR

A Video Abstract







Efficacy and Safety of Intravitreal Aflibercept Treat-and-Extend Regimens in Exudative Age-Related Macular Degeneration: 52- and 96-Week Findings from ALTAIR

Original Research Article

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Conflicts of Interest: Masahito Ohji has received grants, consultancy fees, honorarium, travel support and speaker fees from AbbVie Japan, Inc., Alcon Pharma K.K. (Japan), Allergan, B.L.J Ltd., Bayer Yakuhin, Ltd. (Japan), Chugai, HOYA, Kowa, Novartis Pharma K.K., Otsuka Pharmaceuticals, Pfizer Pharmaceuticals K.K, Santen Pharmaceuticals Co., Ltd., Senju Pharmaceutical Co., Ltd., and Topcon. Kanji Takahashi has received consultancy fees, honoraria, travel support and speaker fees from Alcon Pharma K.K. (Japan), Bayer Yakuhin, Ltd. (Japan), B.L.J Ltd., Carl Zeiss Co., Ltd., Kowa, Kyowa Kirin Co., Ltd., Novartis Pharma K.K., Otsuka Pharmaceuticals, Pfizer Pharmaceuticals K.K., Santen Pharmaceuticals Co., Ltd., and Senju Pharmaceutical Co., Ltd. Annabelle A. Okada has received personal fees from AbbVie Japan, Inc., Astellas Japan, Bayer Healthcare AG, Daiichi-Sankyo, and Senju Pharmaceutical Co., Ltd.; and grants and personal fees from Alcon Pharma K.K. (Japan), Bayer

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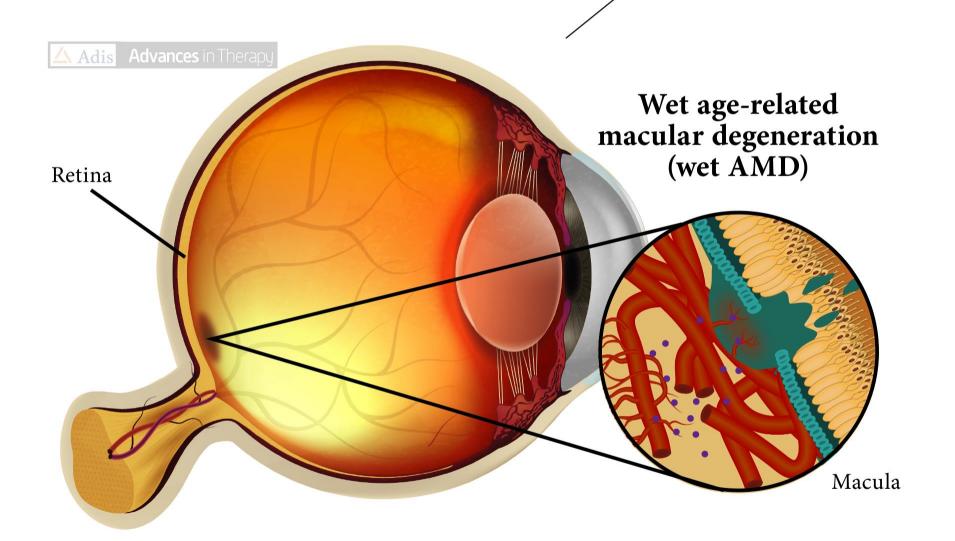
Advances in Therapy, (2020)37:1173-1187

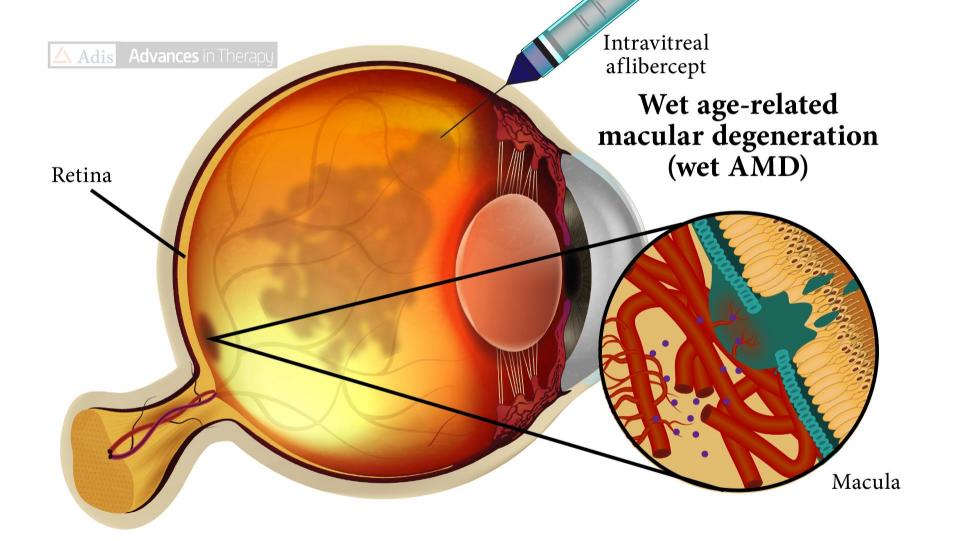
https://doi.org/10.1007/s12325-020-01236-x

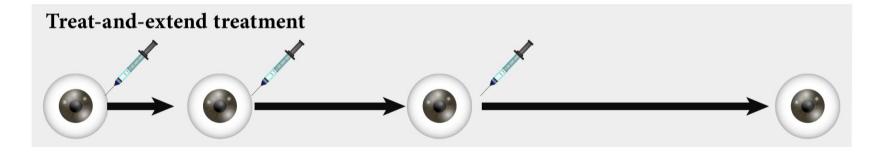
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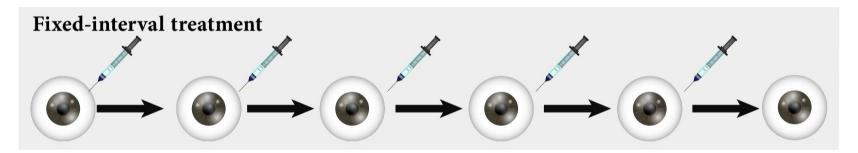
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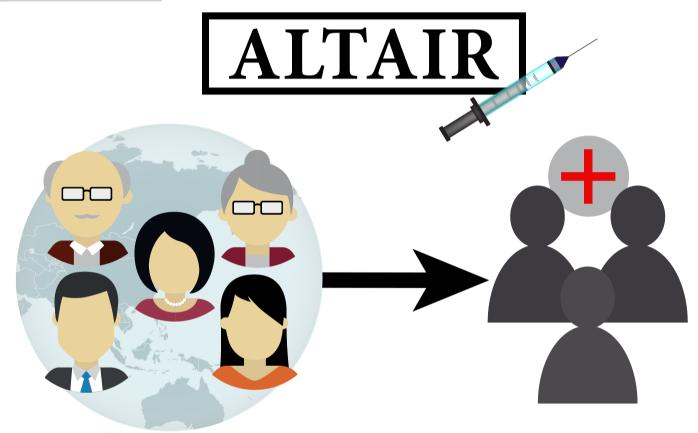
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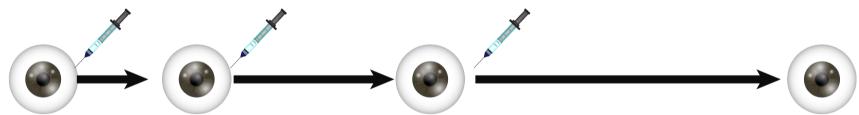








Treat-and-extend treatment



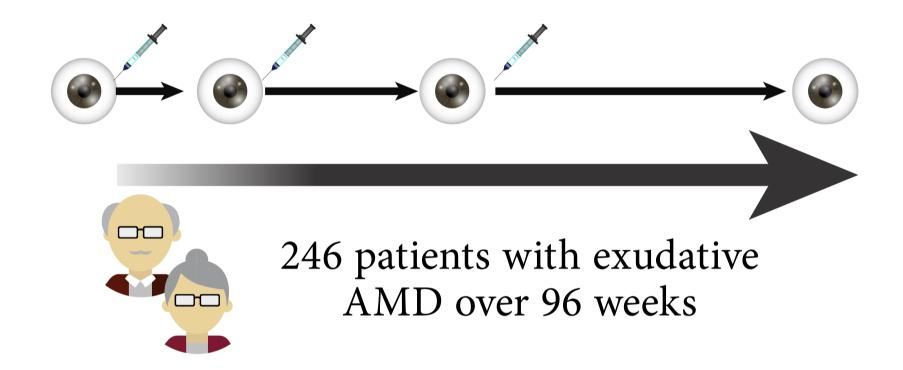


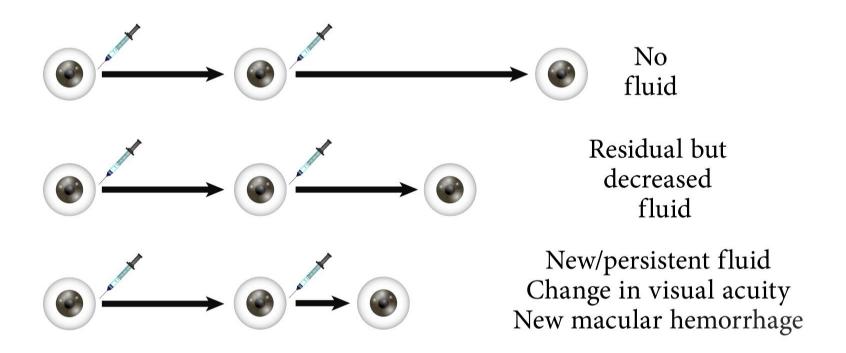
Identify the optimal extension interval for individual patients



Optimize extension to reduce the treatment burden *Ideally as infrequent as once every 16 weeks, with fast extensions made in 4-week increments*











 \geq 50 years old

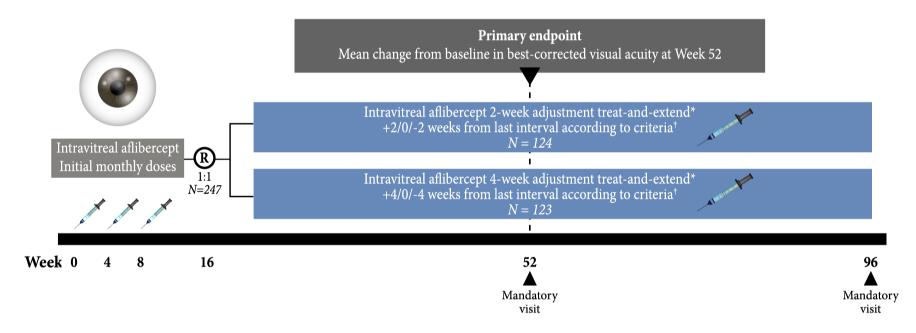


Had never received intravitreal anti-VEGFs



Baseline best-corrected visual acuity of 73-25 ETDRS letters

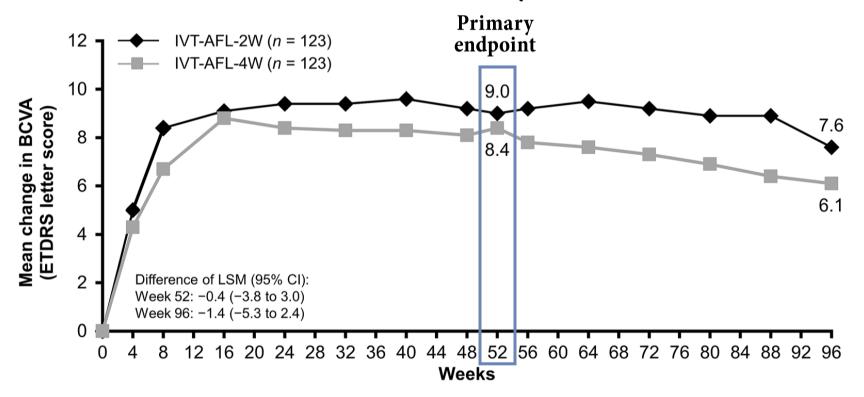




^{*}Decision is based on pre-specified criteria with a maximum interval of 16 weeks.

†Patients in the IVT-AFL-2W group could have their treatment interval increased or shortened by 2 weeks. Patients in the IVT AFL-4W group could have their treatment interval increased or shortened by 4 weeks. For patients in the IVT-AFL-4W group who had undergone interval shortening by 4 weeks, any subsequent interval extension or shortening was limited to 2 weeks.

Visual Acuity



Treatment-emergent adverse events

Any TEAE (2W: 68.5%, 4W: 69.9%)

Mild (2W: 50.0%; 4W: 44.7%)

Moderate (2W: 12.1%; 4W: 17.9%)

Severe (2W: 6.5%; 4W: 7.3%)

Ocular TEAE (study eye)

Any ocular TEAE (study eye) $\geq 2\%$ * (2W: 21.0%; 4W: 30.9%)

Cataract (2W: 5.6%; 4W: 8.1%)

Conjunctival hemorrhage (2W: 3.2%; 4W: 6.5%)

Dry eye (2W: 2.4%; 4W: 4.9%)

Retinal pigment epithelium tear (2W: 2.4%; 4W: 0%)

Non-ocular TEAE

Any non-ocular TEAE \geq 3% (2W: 52.4%; 4W: 56.1%)

Constipation (2W: 3.2%; 4W: 5.7%)

Large intestine polyp (2W: 0%; 4W: 3.3%)

Nasopharyngitis (2W: 21.0%; 4W: 16.3%)

Influenza (2W: 1.6%; 4W: 3.3%)

Contusion (2W: 0.8%; 4W: 3.3%)

Hypertension (2W: 0.8%; 4W: 3.3%)

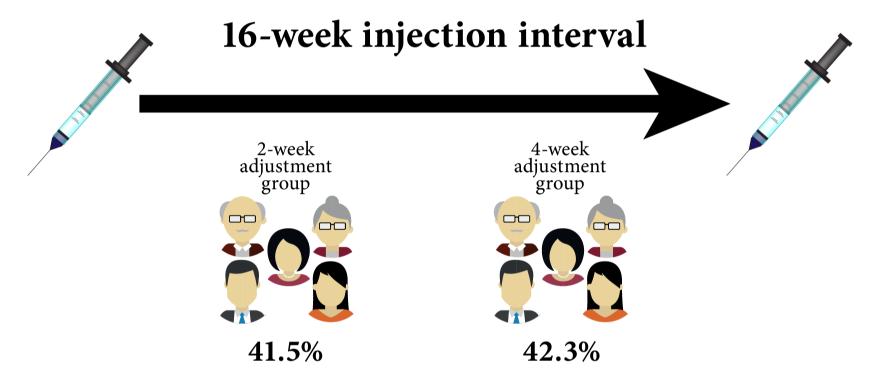
Any serious TEAEs (2W: 15.3%, 4W: 16.3%)

Ocular SAE in study eye (2W: 2.4%; 4W: 1.6%)

Non-ocular SAE (2W: 12.9%; 4W: 13.0%)

Any TEAE leading to discontinuation of study drug (2W: 0.8%, 4W: 1.6%)

^{*} Ocular TEAEs ≥ 2% in either IVT-AFL treatment arm



Similar results (48% for both the 2-week and 4-week groups) were observed among patients achieving a 12-week interval